

■ = Half Marathon   
 ■ = 5KM   
 ■ = 10KM   
 ★ = Aid Stations and Start / Finish Area

**The 5km** follows an out & back course along Stream Trail, crossing a bridge over Redwood Creek and intersecting with Prince Trail before returning back to the start/finish area in Canyon Meadow. Enjoy the scents, sounds and sights traveling through a Redwood forest on your way out, and then upon reaching the turn-around run like heck to the finish!

**The 10km** follows an out & back course along Stream and Bridle trails before ascending West Ridge Trail. The climb up West Ridge lasts under a mile, but its no cake walk, so take your time and enjoy the sights! You'll continue following West Ridge Trail all the way to your Aid Station. After reaching the Aid Station you'll head back to the start/finish area in Canyon Meadow the same way you came. Our advice; take in the scenery & go a bit slower on the way out. Once you hit the aid station though, turn around and run like heck - its all downhill and flat to the finish!

**The Half** follows Stream Trail to Bridle Trail and thereafter climbs up West Ridge Trail. The West Ridge climb lasts under a mile, but its no cake walk, so take your time and enjoy the sights! You'll continue on West Ridge until you take a Left on Baccharis Trail, then follow Dunn Trail to Graham Trail and back onto West Ridge trail. You'll grab some steady climbs along the way, until rejoining West Ridge and arriving at your 1st Aid Station (after 5 Miles). You'll continue on West Ridge until your next Aid Station at Skyline Gate, where after you'll descend on Stream Trail until heading up Prince Trail. Its a hike up Prince, but it'll be short & sweet. You'll follow East Ridge Trail to Phillips Loop Trail back to Skyline Gate. After hitting up your last Aid Station stop you'll follow East Ridge to Canyon Trial down to the finish. Our advice; take it easy until reaching the Skyline Gate aid station, you're halfway done and the hard part is over once you're there. The rest of the course is rolling and you finish with a big descent into Canyon Meadow, so don't leave anything in the tank!

